



CALIFORNIA PRUNE, FENNEL, APPLE AND FETA SALAD

By Veronica Contratti

“I present to you a salty, healthy, light salad, rich in nutrients and taste. How is it possible? Thanks to California Prunes!” – We’re sure you’ll enjoy this springtime dish, either as a light lunch or healthy dinner.

Prep Time: 5 minutes
Serves: 1

Ingredients: Half a green apple
1 fennel
Handful of Baby lettuce
100g of feta cheese
5/6 California Prunes



Here’s How:

1. Julienne the fennel and apple after washing them well.
2. Compose the salad by creating a bed of fennel and lettuce, lay the apple and crumble the feta.
3. Finish the dish with the unique flavour of California Prunes.

Serving Suggestion: To taste, add chopped pistachios and season with EVO oil, balsamic glaze, pepper, and pink salt.

Link to Website: <https://www.californiaprunes.net/recipes/fennel-apple-and-feta-salad>